



Republic of the Philippines  
**Department of Education**  
REGION VI – WESTERN VISAYAS  
SCHOOLS DIVISION OF AKLAN

December 10, 2020

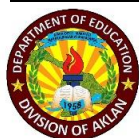
**DIVISION MEMORANDUM**  
**No. 283, s. 2020**

**AKLAN SCHOOL SPORTS BASIC COACHING WEBINAR**

To: **Assistant Schools Division Superintendent**  
**Chief Curriculum Implementation Division (CID)**  
**Chief School Governance and Operations Division (SGOD)**  
**Public Schools District Supervisors**  
**Senior Education Program Specialists**  
**Heads of Public Elementary and Integrated Schools**  
**All Concerned**

1. This is to inform the field that there will be an **Aklan School Sports Basic Coaching Webinar** on **December 21, 22, 23, 2020**.
2. The need for the improvement of schools sports in the Division of Aklan has been noted for the last five years. While Aklan has been winning medals in the regional school sports, we still need to gain momentum in enhancing the competitiveness of our young athletes.
3. This webinar aims to:
  - a. introduce teachers to the tenets of sports coaching;
  - b. present the coaching principles of a specific sports event;
  - c. introduce the skills necessary for specific sports event; and
  - d. give value on the importance of school sports to the development of a child.
4. Listed hereunder is the allocation of participants.

<b>Sports Events</b>	<b>Number of Participants</b>	<b>Resource Speakers/ Facilitators</b>
1. Arnis	19	2
2. Athletics:		
➤ Running	19	2
➤ Throwing	19	2
3. Badminton	19	2
4. Basketball	19	2
5. Chess	19	2
6. Softball/ Baseball	19	2
7. Swimming	19	2
8. Volleyball	19	2
9. Tennis	19	2



Management Staff	10	
Technical Team	10	
<b>TOTAL</b>	<b>210</b>	<b>20 = 230</b>

5. The webinar will be delivered through teleconferencing. Participants must have strong internet connectivity.

6. There will be a **walkthrough** of the training on **December 12, 2020, Saturday at Kalibo Pilot Elementary School DLRC, Kalibo, Aklan at 9:00 A.M.** Participants to this walkthrough are the Management Staff, Resource Persons/Facilitators and members of the Technical Team of the Aklan School Sports Basic Coaching Webinar. They are advised to bring laptop and soft copies of the topics/sessions during the said training.

7. The **members of the technical team** shall set-up the venue and conduct a dry-run on how the webinar will be done through Microsoft Teams on **December 19-20, 2020 at Kalibo Pilot Elementary School, Kalibo, Aklan.**

8. No registration fee shall be charged from the participants. Expenses relative to the conduct of this activity such as meals, snacks and transportation of the management staff, resource persons and members of the technical team shall be charged against the **Division INSET Fund** subject to the usual accounting and auditing rules and regulations.

9. Further, **participants** are entitled to **one-day service credit** where it applies in accordance with DepEd Order No. 53, s. 2003, "Updating Guidelines on the Grant of Vacation Service Credits to Teachers".

10. Attached are the following enclosures:

- a. Enclosure No. 1 - The composition of the Executive Committee, Management Staff, Resource Persons and Members of the Technical Team
- b. Enclosure No. 2 - Training Matrix

11. The participants of this activity shall strictly adhere to the **health protocols** (Refer to D.O. No. 14, s. 2020-Guidelines on the Required Health Standards in Basic Education Offices and Schools).

12. Immediate and wide dissemination of this Memorandum is earnestly desired.

  
**MIGUEL MAC/D. APOSIN EdD, CESO V**  
Schools Division Superintendent *qi*

Enclosure: As stated

Allotment: 1-5 (R.O. 12-94)

To be indicated in the Perpetual Index  
under the following subjects:

**SPORTS**

**TEACHERS**

**TRAININGS**

**WEBINARS**

RRI/

**EXECUTIVE COMMITTEE**

Chairman

Dr. Miguel Mac D. Aposin, CESO V  
Schools Division Superintendent

Co- Chairman

Mr. Jose Niro R. Nillasca  
Asst. Schools Division Superintendent

Members

Dr. Dobie P. Parohinog  
Chief Education Supervisor  
Curriculum and Implementation Division

Mr. Michael T. Rapiz  
Chief Education Supervisor  
School Governance and Operations Division

Training Director

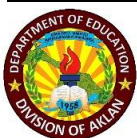
Mrs. Rebecca R. Ibarreta  
EPS-MAPEH/Athletic Manager

**Management Staff**

Johann C. Cawaling	EPS-SGOD/Ways and Means
Victor E. Supetran	Division Sports Coordinator
Joseph Neil E. Carmen	Asst. Athletic Manager-Tech. Supervision
Jim I. Regno	Asst. Athletic Manager-Administration
Rex B. Manares	Prefect of Discipline
Chris Laurdaus	Head Coach (Elem.)
Allan T. Relloto	Head Coach (Sec.)
Nanette M. Sitjar	ASSTOCA Secretary
Gaynor A. Calizo	Emcee/Anchor

**Resource Persons/Facilitators**

Arnis	Mr. Renegerio A. Vallejo, Jr. Mr. Frederick G. Iguban
Athletics	
➤ Running	Mr. Jovie M. Ote Mr. Zmark Florence R. Villanueva
➤ Throwing	Mr. John Michael T. Ibo Mr. Doven L. Rampola
Badminton	Mr. Christopher Sauza Mr. William T. Fernandez
Basketball	Mr. Rey Emmanuel S. Solano Mr. Chris Sperrey M. Pereira
Chess	Mr. Allan T. Relloto Mr. Vedasto Z. Nabor III
Softball/Baseball	Mr. Dean D. Manalo Mr. Wilfred V. Tulio



Volleyball

Mr. Jexer O. Reyes

Mr. Raymund D. Solis

Tennis

Mrs. Agnes P. Aranas

Mr. Nino Jojie B. Catuiran

**Technical Team**

Marvin R. Parman

Dionadith H. Isturis

Aljay Traje

Eljohn T. Dela Cruz

Joseph Stephen L. Resico

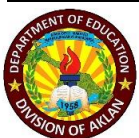
Valquin V. Pullantes

Cris Sperrey M. Pereira

Elyn M. Bersales

Maylord R. Bonifacio

Danny Arsula



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**TRAINING MATRIX**

<b>Time</b>	<b>Day 1 Monday, December 21, 2020</b>	<b>Day 2 Tuesday, December 22, 2020</b>	<b>Day 3 Wednesday, December 23, 2020</b>
8:30 – 9:00 AM	Checking of Attendance	Management of Learning	
9:01 – 9:30 AM	Opening Program	Break out Rooms by Sports Event	Break out Rooms by Sports Event
9:31 – 9:45 AM	House Rules <b>Eljohn T. Dela Cruz</b>		
9:46 – 10:15 AM	What is Sports Coaching? <b>Allan T. Relloto</b>		
10:16 – 10:30 AM	B R E A K		
10:31 – 11:30 AM	Coaching Philosophy <b>Jim I. Regno</b>	Break out Rooms by Sports Event	Break out Rooms by Sports Event
11:31 – 12:00 PM	Open Forum		
12:01 – 1:00 NN	L U N C H B R E A K		
1:00 – 1:45 PM	School Sports and Coaching Skills <b>Joseph Neil E. Carmen</b>	Break out Rooms by Sports Event	What is a coach? <b>Chris Laurdaus</b>
			Open Forum
1:46 – 2: 15 PM	Open Forum		Closing Program
2:16 – 5:00 PM	Break out Rooms by Sports Event		Photo Op

