



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

June 17, 2020

DIVISION MEMORANDUM

No. 140 , s. 2020

**DIVISION ON-LINE TRAINING ON PANDEMIC AND MENTAL HEALTH
SELF-CARE MINDFULNESS FOR DEPED TEACHERS AND STAKEHOLDERS
(# ME TOO: CARING FOR CARERS)**

To: **Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Senior/Education Program Specialists
Heads of Public Elementary, Secondary
and Integrated Schools
Unit Heads
All Others Concerned**

1. Pursuant to DepEd Memorandum No. 050, s. 2020 titled “DepEd Professional Development Priorities for Teachers and School Leaders for School Year 2020-2023”, the Professional Development priorities shall support the realization of the Department’s goal of continuous upskilling and reskilling of teachers and school leaders that will result in better learning outcomes.
2. The DepEd-Aklan Gender and Development Focal Point System (GFPS) sees the importance of awareness on pandemic and mental health self-care mindfulness among the stakeholders to prepare them for the opening of classes and address the Department’s mission to have a child friendly, gender-sensitive and motivating environment.
3. In this connection, this office through the GFPS will conduct a Division On-line Training on Pandemic and Mental Health Self-Care Mindfulness for DepEd Teachers and Stakeholders (# ME TOO: CARING FOR CARERS) on July 15, 2020 from 9:00 in the morning to 12:00 noon.



Poblacion, Numancia, Aklan
Tel/Fax No. (036) 265 3744 | (036) 265 3737 | (036) 265 3738 | (036) 265 3740 | (036) 265 3741
Website: <http://www.depedaklan.org>
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4. The on-line training addresses the different Philippine Professional Standards for Teachers and Philippine Professional Standards for School Heads Domains and Strands as stipulated in DepEd Memorandum No. 50, s. 2020.

5. Participants to this activity are:

Schools Division Office

- Schools Division Superintendent
- Assistant Schools Division Superintendent
- Chief Education Supervisors
- Information Technology Officer I
- Senior/Education Program Specialists
- Project Development Officer II/Division DRRM Coordinator
- Unit Heads
- School Health and Nutrition Section Representative

District Offices

- Public Schools District Supervisors
- 1 School Head-Elementary
- 1 School Head-Secondary
- District GAD/Child Protection Coordinator
- District VEG Coordinator
- District Social Mobilization Coordinator
- District DRRM Coordinator
- Appointed Guidance Counselor
- District ICT Coordinator

6. If prevailing work arrangement at that time will allow, participants may convene in the District Office or a School with ICT Facilities such as: laptop, projector and sound with the assistance of the District ICT Coordinator. Participants are advised to observe proper social distancing and COVID-19 health protocols. The District ICT Coordinator Teams Account will be used.

7. The District Offices are advised to submit the list of participants on or before June 30, 2020 through the FB messenger account of EPSt II Roland F. Democrito. Further, Attendance Sheet will be submitted right after the training through FB Messenger. *(Note: Participants who cannot*



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join in the district convergence please submit your Teams Account on the above FB Messenger.)

8. To ensure the successful conduct of the said activity, there will be a Dry Run/Walkthrough on July 13, 2020 at 9:00 o'clock in the morning. The District ICT Coordinators are requested to facilitate the conduct of the said activity.
9. Immediate dissemination of this Memorandum is desired.


MIGUEL MAC D. APOSIN EdD, CESO V
Schools Division Superintendent

Enclosure: None
Reference: DepEd Memorandum No. 050, s. 2020
Allotment: 5 (R.O. 12-94)

To be indicated in the Perpetual Index
under the following subjects:

POLICY
TEACHERS
TRAINING

RFD



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