



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

November 10, 2021

DIVISION MEMORANDUM

No. 490, s. 2021

DIVISION WEBINAR ON COACHING BEYOND SPORTS 2.0

To: **OIC – Office of the Assistant Schools Division Superintendent**
Chief Curriculum Implementation Division (CID)
Chief School Governance and Operations Division (SGOD)
Public Schools District Supervisors
Senior Education Program Specialists
Heads of Public Elementary and Integrated Schools
All Concerned

1. This is to inform the field that there will be a **Division Webinar on Coaching Beyond Sports 2.0** on **November 17, 18 and 19, 2021 from 8:00 AM to 12:00 NN.**
2. There is a need to gain momentum in enhancing the competitiveness of our young athletes by upskilling our coaches even in the midst of the pandemic. They need to continue develop and improve their skills, to enable them to impart new sports skills to our learners at a time when physical activities are hampered.
3. This webinar aims to:
 - a. to enhance knowledge in physical conditioning and sports nutrition;
 - b. to give value on the importance of sports psychology and physiology; and
 - c. and to introduce women empowerment program.
4. Below is the allocation of participants.

Name of Districts	Number of Participants
ALTAVAS	5
BANGA	5
BATAN	5
BALETE	5
BURUANGA	5
IBAJAY EAST	5
IBAJAY WEST	5
KALIBO I	5
KALIBO II	5
LEZO	5
LIBACAO	5
MADALAG	5
MALAY	5
MAKATO	5
MALINAO	5
NABAS	5
NEW WASHINGTON	5
NUMANCIA	5
TANGALAN	5
RESOURCE SPEAKERS	5
MANAGEMENT STAFF	6



MALAY	5
MAKATO	5
MALINAO	5
NABAS	5
NEW WASHINGTON	5
NUMANCIA	5
TANGALAN	5
RESOURCE SPEAKERS	5
MANAGEMENT STAFF	6
TECHNICAL TEAM	2
TOTAL	118

5. The webinar will be delivered through teleconferencing via **GOOGLE MEET** platform. Participants must have strong internet connectivity.
6. No **REGISTRATION FEE** shall be charged from the participants.
7. Attached are the following enclosures:
 - a. Enclosure No. 1 - the composition of executive committee, resource persons, facilitators and members of the technical team.
 - b. Enclosure No. 2 - Activity Matrix
8. The participants of this activity shall strictly adhere to the **health protocols** (Refer to D.O. No. 14, s. 2020-Guidelines on the Required Health Standards in Basic Education Offices and Schools).
9. Expenses relative to the conduct of this activity shall be charged against local funds subject to the usual accounting and auditing rules and regulations.
10. Immediate and wide dissemination of this **Memorandum** is earnestly desired.

Miguel
MIGUEL MAC D. APOSIN EdD, CESO V
 Schools Division Superintendent *qi*

Enclosure: As stated
 Allotment: 1-5 (R.O. 12-94)
 To be indicated in the Perpetual Index
 Under the following subjects:

SPORTS TEACHERS TRAININGS WEBINARS

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Enclosure No. 1 to the Division Memorandum No. 490, s. 2021

EXECUTIVE COMMITTEE

Chairperson: Miguel Mac D. Aposin EdD, CESO V
Schools Division Superintendent

Co- Chairperson: Jerson B. Labos EdD
OIC – Office of the Asst. Schools Division Superintendent

MEMBERS

Dr. Dobie P. Parohinog
Chief Education Supervisor
CID

Mr. Michael T. Rapiz
Chief Education Supervisor
SGOD

MANAGEMENT STAFF

Rebecca R. Ibarreta	EPS-MAPEH/Athletic Manager
Victor E. Supetran	Division Sports Coordinator
Joseph Neil E. Carmen	Asst. Athletic Manager-Technical Supervision
Jim I. Regno	Asst. Athletic Manager-Administration
Rey Emmanuel S. Solano	Tournament Manager-Basketball
Arvin A. Simera	District Sports Coordinator-Ibajay East

RESOURCE PERSONS

Coach Mau Belen
TNT Assistant Coach
Head Coach 3x3

Paul Robert M. Saladar
Instructor, Aklan State University Makato College School
Saint Paul University Iloilo

Dr. Angelica Shane Rico
Registered Nutritionist/Dietitian
Enteral Nutrition Specialist-Frensenius Kabi Philippines

Emmanuel Calipes
Head Coach UST Men, Women and High School Girls Athletic Team

Dr. Warlen Alejandria
Head, Aklan Human Kinetics, Sports, and Wellness Research Center
ASU-Makato College School: Teacher Education Center

FACILITATORS/TECHNICAL SUPPORT

Cris Sperrey Pereira, Teacher I-Naisud National High School
Elyn M. Bersales, Master Teacher I-Naisud Central School



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**DIVISION WEBINAR ON COACHING BEYOND SPORTS 2.0
ACTIVITY MATRIX**

Time	Day 1 Wednesday November 17, 2021	Day 2 Thursday November 18, 2021	Day 3 Friday November 19, 2021
8:00 – 8:15AM	Checking of Attendance	Management of Learning	
8:15 – 8:45AM	Opening Program	<p align="center">WOMEN EMPOWERMENT</p> <p>Coach Mau Belen TNT Assistant Coach Head Coach 3x3</p>	<p align="center">PHYSICAL CONDITIONING</p> <p>Emmanuel Calipes Head Coach UST Men, Women and High School Girls Athletic Team</p>
8:45 – 9:00AM	House Rules Cris Sperrey Pereira Teacher I-Naisud National High School		
09:00 – 9:15 AM	Orientation on the Mechanics of the Webinar Rey Emmanuel S. Solano Tournament Manager- Basketball		
		OPEN FORUM	OPEN FORUM
9:15 – 9:30	B R	E A	K
9:30 – 11:30	<p align="center">SPORTS PHYSIOLOGY</p> <p>Paul Robert M. Saladar</p> <p>Instructor, Aklan State University Makato College School Saint Paul University Iloilo</p>	<p align="center">SPORTS NUTRITION</p> <p>Dr. Angelica Shane Rico Registered Nutritionist/Dietitian</p> <p>Enteral Nutrition Specialist- Frensenius Kabi Philippines</p>	<p align="center">SPORTS PSYCHOLOGY</p> <p>Dr. Warlen Alejandria</p> <p>Head, Aklan Human Kinetics, Sports, and Wellness Research Center ASU-Makato College School: Teacher Education Center</p>
11:30 – 12:00	OPEN FORUM	OPEN FORUM	<p align="center">Closing Program</p> <p align="center">Photo Op</p>

