



Republic of the Philippines  
**Department of Education**  
REGION VI – WESTERN VISAYAS  
SCHOOLS DIVISION OF AKLAN

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February 18, 2025

**DIVISION MEMORANDUM**


No. 075, s. 2025

**INVITATION TO THE 38<sup>TH</sup> ANNUAL CONFERENCE OF THE IOTA PHI  
COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

To: **Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors/Principals/Head Teacher, In-Charge of the Districts  
School Heads of Public Secondary and Integrated Schools  
All Others Concerned**

1. Attached is Regional Memorandum No. 124, s. 2025 dated February 13, 2025 regarding the DepEd Memorandum No. DM-OUHROD-2025-0176 titled Invitation to the 38<sup>th</sup> Annual Conference of the IOTA PHI Counseling and Professional Honor Society, Inc.
2. Immediate dissemination of this Memorandum is desired

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

  
**ROLAND F. DEMOCRITO**  
Administrative Officer V  
General Services  
In-Charge of the Division

Enclosure: none

Reference: R.M. No. 124, s. 2025

To be indicated in the Perpetual Index  
under the following subjects:

CONFERENCES

TEACHERS



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Poblacion, Numancia, Aklan  
Tel/Fax No. (265 3740 | 265 3741 | 265 3743)  
Website: <https://depedaklan.online>  
Email Address: [aklan.1958@deped.gov.ph](mailto:aklan.1958@deped.gov.ph)



Republic of the Philippines  
**Department of Education**  
REGION VI - WESTERN VISAYAS

FEB 13 2025

REGIONAL MEMORANDUM  
No. 124, s. 2025

**INVITATION TO THE 38<sup>TH</sup> ANNUAL CONFERENCE OF THE IOTA PHI  
COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.**

To: Schools Division Superintendents  
All Others Concerned

1. Attached is Memorandum DM-OUHROD-2025-0176 dated January 21, 2025 from the Office of the Undersecretary for Human Resource and Organizational Development regarding the **Invitation to the 38<sup>th</sup> Annual Conference of the IOTA Phi Counseling and Professional Honor Society, Inc.** on **May 15 to 16, 2025** at the **Notre Dame of Dadiangas University, General Santos City.**
2. It is understood that in the conduct of this activity, there shall be no discrimination on account of age, school, gender, civil status, disability, religion or other similar factors/personal circumstances that run counter to the principles of equal opportunity.
3. Immediate dissemination of this Memorandum is desired.

  
**RAMIR B. UYTICO EdD, CESO III**  
Regional Director

Encl.: None

Reference: Memorandum DM-OUHROD-2025-0176 dated January 21, 2025  
To be indicated in the Perpetual Index  
under the following subjects:

CONFERENCES      TEACHERS

RGG/HRDD/RM-IOTA  
28/February 13, 2025



Address: Duran Street, Iloilo City, 5000  
Telephone Nos: (033) 337-0149; 336-2816  
Email Address: region6@deped.gov.ph



Certificate No. PHP QMS  
24 93 0184



Republika ng Pilipinas

Department of Education

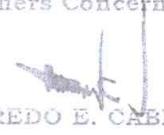
OFFICE OF THE UNDERSECRETARY

HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT


HRDD, DEPED	
RECEIVED	
DATE	_____
BY	_____

MEMORANDUM  
DM-OUHROD-2025- C176

TO : Regional Directors  
Schools Division Superintendents  
All Others Concerned

FROM :   
WILFREDO E. CABRAL  
Undersecretary for Human Resource and  
Organizational Development

FEB 10 2025  
802

  
MALCOLM S. GARMA  
Assistant Secretary, Officer-In-Charge  
Office of the Undersecretary for Operations

SUBJECT : INVITATION TO THE 38TH ANNUAL NATIONAL CONFERENCE  
OF THE IOTA PHI COUNSELING AND PROFESSIONAL HONOR  
SOCIETY, INC.

DATE : 21 January 2025

The Iota Phi Counseling and Professional Honor Society, Inc. will hold its **38<sup>th</sup> Annual National Conference** on **May 15 to 16, 2025**, at the **Notre Dame of Dadiangas University, General Santos City**.

This year's theme: **"Care, Connect, Collaborate: Navigating Pathways to Mental Wellbeing"** is designed to address the need among mental health professionals and advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental wellbeing and cope effectively with life.

DepEd guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and advocates may opt to attend the activity subject to the following conditions:

- compliance with the applicable provisions of DepEd Order No. 046, s. 2022 titled the Amendment to DepEd Order No. 43, s. 2022 (*Omnibus Travel Guidelines for All Personnel of the Department of Education*) and Other Appropriate Orders and Guidelines on Travel;
- secure approval from respective authorities;
- participation shall not interfere with regular functions and responsibilities;
- and



Room 102, Bical Building, DepEd Complex, Alabang City, Iloilo  
Telephone Nos.: (+632) 86337205; (+632) 86318494  
Email Address: [ouo@deped.gov.ph](mailto:ouo@deped.gov.ph) | Website: [www.deped.gov.ph](http://www.deped.gov.ph)

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Effectivity	05-23-23	Page	01/2



- use of DepEd funds strictly adheres to the usual budgeting, accounting, and auditing rules and regulations.

For more details, please see the attached communication from the Iona Phi.

Copy furnished:  
**OFFICE OF THE SECRETARY**



Room 102, Biral Building, DepEd Complex, Marikina Ave., Pasig City, 1609

Telephone No.: (+632) 86137206, (+632) 86318494

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Doc. Ref. Code	0000400000	Rev	00
Effectivity	01/23/21	Page	2 of 2





IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC.

Philippine Chapter of  
CHI SIGMA IOTA

Counseling Academic and Professional Honor Society International

Email address: [iotaphi.counseling@gmail.com](mailto:iotaphi.counseling@gmail.com)

Contact nos. 09674817648/ 09165535548/09127794477

Office Address : Holy Child Colleges of Butuan, 2<sup>nd</sup> St., Guingona Subdivision, Butuan City, Philippines



11:49

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2024-2026**

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December 24, 2024

**HONORABLE JUAN EDGARDO "SONNY" M. ANGARA**

Secretary of the Department of Education  
DepEd Complex, Meralco Avenue, Pasig, City

Dear Honorable Sec. Angara,

Warm Greetings from the IOTA PHI Board!

The IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY, INC., the Philippine Chapter of CHI SIGMA IOTA COUNSELING ACADEMIC AND PROFESSIONAL HONOR SOCIETY INTERNATIONAL based in North Carolina, USA, will be holding its **38<sup>th</sup> Annual National Conference on May 15-16, 2025**, at **Notre Dame of Dadiangas University**, with the theme, "CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Well being".

The Conference is designed to address the need among guidance counselors, counselor educators and supervisors, psychologists, social workers, and other mental health professionals and mental health advocates to enhance their knowledge and skills in dealing with mental health issues and learn ways to achieve mental well being and cope effectively with life.

The two-day Conference aims to achieve the following objectives:

1. Provide a holistic approach to understanding mental health by emphasizing the inter-relatedness of self-care, social connection and collaborative efforts in promoting mental wellness;
2. Equip participants with knowledge and practical strategies for nurturing their own mental health while fostering supportive environments for others;
3. Facilitate networking among participants to encourage partnerships that contribute to the advancement of mental health services and support systems;
4. Enhance participants skills in handling mental health related problems and issues in the school setting;
5. Challenge participants to take proactive steps toward creating healthier and more resilient environments

12/27/24  
84 A33-24-27238

Relative to the above, we would like to request for the issuance of a DepEd Advisory to enable the official participation of licensed guidance counselors and those who are still working on their licenses, including teachers, homeroom advisers, guidance coordinators, principals and supervisors who are interested to attend this Conference that is highly supportive of the new law, RA 12080, otherwise known as the Basic Education Mental Health and Wellbeing Promotion Act.

Attached herewith is a copy of our Conference Program with the topics that will be tackled during the Plenary Sessions by our team of highly respected professionals and experts in the field of mental health.

To cover expenses for conference and workshops such as venue rental, honorarium for speakers and workshop facilitators, conference kit, lunch and snacks for two days, as well as other operational costs, a minimal registration fee of four thousand and five hundred pesos (Php4,500.00) will be charged each participant. Registration may be done online using this link:  
<https://bit.ly/301X20289/conference>

For inquiries and reservation, interested participants may contact the IOTA Secretariat via email at [iotaphicounseling@gmail.com](mailto:iotaphicounseling@gmail.com) or via mobile phone nos. 09674817648 / 09165535548 / 09127794477.

Again, on behalf of the IOTA PH Board, I am extending our heartfelt gratitude for your usual support and kind approval of this request.

Sincerely yours,

  
**ROSENDA A. DE GRACIA**, Ed. D., Ph.D., RGC, LPI  
President, IOTA PH



IOTA PHI COUNSELING AND PROFESSIONAL HONOR SOCIETY INC.

38<sup>th</sup> ANNUAL NATIONAL CONFERENCE

Noire Dame of Dadiangas University, General Santos City  
May 15-16, 2025

CONFERENCE PROGRAM

1st Day

A.M.

- 7:00 - 8:00 - REGISTRATION
- 8:00 - 8:30 - Opening Ceremonies
- 8:30 - 9:30 - Keynote Address  
"CARE, CONNECT, COLLABORATE: Navigating Pathways to Mental Wellness"
- 9:30- 10:30 - Topic 1  
R.A 12080 - Basic Mental Health and Well being Promotion Act
- 10:30-10:45 HEALTH BREAK
- 10:45 -11:45 Topic 2  
"Disconnecting to Reconnect (Digital and Social Detox) : A New Paradigm to Self-Care"
- 11:45-12:30 OPEN FORUM

P.M.

- 1:30 -2:30 Topic 3  
"Fostering Community Relationships among Counselors to Manage Conflict, and Prevent Burnout and Compassion Fatigue"
- 2:30- 3:30 Topic 4  
"Integrated Approach to Manage Counselors with Borderline Personality Issues"
- 3:30 -3:45 HEALTH BREAK
- 3:45- 4:45 Topic 5  
"Mindful Self-Compassion: Ways for Self-Acceptance, Build Inner Strength and Live Productive Lives"

4:45- 5:30 OPEN FORUM

**2<sup>nd</sup> Day  
A.M.**

7:45- 8:00 - Morning Exercise - "Let's Get Physical"

8:00- 9:00 Topic 1  
"Building Resilience and Healing from Emotional Trauma"

9:00- 10:00 Topic 2  
"Managing Anxiety Disorders and Depression Using Emotional Freedom Techniques (EFT)"

10:00-10:15 HEALTH BREAK

10:15:11:15 Topic 3  
"Motivational Interviewing: A Collaborative Process to Support Client Change and Growth"

11:15- 12:00 OPEN FORUM

**P.M.**

1:00 -2:00 Topic 4  
"Emerging Approaches to Suicide and Substance Use Prevention"

2:00 -3:00 Topic 5  
"Building Social Support Networks to Promote Health and Wellness"

3:00-3:15 HEALTH BREAK

3:15-4:15 Topic 6  
"Wellness Assessment Tools"

4:15-5:00 OPEN FORUM

5:00-5:30 Closing Ceremonies