



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

July 10, 2025

DIVISION MEMORANDUM

No. 333, s. 2025

**CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES IN HANDLING
LEARNERS AND PERSONNEL THROUGH THERAPEUTIC COMMUNICATION**

To: **OIC, Office of the Assistant Schools Division Superintendent**
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors/Principals/Head Teacher In-Charge
of the District
School Heads of Public Elementary, Secondary, and Integrated Schools
All Others Concerned

1. Attached is Regional Memorandum No. 626, s. 2025 dated July 7, 2025 regarding the Capacity Building for Mental Health Advocates in Handling Learners and Personnel Through Therapeutic Communication on July 16-18, 2025 at Damires Hills Farm and Spa Resort, Janiuay, Iloilo.
2. The participants to this activity are the following:

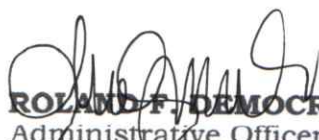
Name	Position	Station
Michael T. Rapiz	SGOD Chief	SDO
Raymund D. Solis	SMHP Focal	SDO
Mark Jayson T. Leyson	Nurse II	SDO
Danilo H. Claros	Principal I	Unidos NHS
Annabelle N. Nacasabug	Principal I	Alaminos ES
Dr. Aichelle P. Regalado	Principal I	Balabag ES
Dr. Nanette Q. Pan	Head Teacher I	JMYNHS
Mary Faith S. Cahilig	Guidance Counselor III	ANSHAT
Mary Hope S. Cahilig	Guidance Counselor III	BVS
Madel M. Fuentes	Guidance Counselor III	NWCHS
Freddie L. Francisco	Guidance Counselor I	BANS

Poblacion, Numancia, Aklan
Tel/Fax No. (265 3740 | 265 3741 | 265 3743)
Website: <https://depedaklan.online>
Email Address: aklan.1958@deped.gov.ph



3. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. RO-6-24-2865 while the travel and other incidental expenses against local funds both subject to the usual government accounting and auditing rules and regulations.
4. Immediate dissemination of this Memorandum is desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:


ROLAND F. DEMOCRITO
Administrative Officer V
In-Charge of the Division

Enclosure: As stated

Reference: R.M. No. 626, s. 2025

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
SEMINARS
PROGRAMS



Republic of the Philippines
Department of Education
REGION VI-WESTERN VISAYAS

JUL 07 2025

REGIONAL MEMORANDUM
No. 626 s. 2025

**CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES IN
HANDLING LEARNERS AND PERSONNEL THROUGH
THERAPEUTIC COMMUNICATION**

To: Schools Division Superintendents
All Others Concerned

1. In consonance with the mandate of DepEd under Republic Act No. 11036 or the Mental Health Act and DepEd Order No. 049, s. 2022, titled Guidelines on the Implementation of the School Mental Health Program, which aim to promote, protect, and ensure the mental health and well-being of learners and DepEd personnel, this Office, through the Education Support Services Division (ESSD) – Regional Health and Nutrition Unit (RHNU), in collaboration with the Schools Division Office of Iloilo, shall conduct the ***Capacity Building for Mental Health Advocates in Handling Learners and Personnel Through Therapeutic Communication*** on **July 16-18, 2025** at **Damires Hills Farm and Spa Resort, Janiuay, Iloilo**.

2. The activity specifically aims to:

- a) equip participants with effective therapeutic communication skills for supporting learners and personnel experiencing mental health challenges;
- b) enable participants to recognize early signs of mental health issues and apply appropriate therapeutic communication techniques to provide timely emotional and psychological support; and
- c) foster a school culture that prioritizes mental well-being, reduces stigma, and encourages open conversation about mental health concerns.


3. The expected participants to this activity and the proposed program matrix are found in Enclosures 1 and 2, respectively, for reference.

4. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. RO-6-24-2865 while their travel and other incidental expenses against local funds both subject to the usual government accounting and auditing rules and regulations.



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REGION VI-WESTERN VISAYAS

5. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosure: As Stated

Reference: As Stated

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION

PROGRAMS

HBG/ESSD-RM/CapBuild of Mental health advocates...
/118/July 4, 2025.



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Enclosure 1 to RM _____ s. 2025

List of Participants

Participants	Number
From the Schools & District Offices:	(60)
Secondary School Head (2 per SDO)	16
Elementary School Head (2 per SDO)	16
School Guidance Designate	
• SDO Aklan	4
• SDO Antique	4
• SDO Capiz	4
• SDO Guimaras	3
• SDO Iloilo	4
• SDO Iloilo City	3
• SDO Roxas City	3
• SDO Passi City	3
From Schools Division Offices:	(24)
• SGOD Chiefs	8
• Division Medical Officers	8
• Division SMHP Focal Persons	8
From the Regional Office:	(5)
• Regional Director/Asst. Regional Director	1
• Chief of the Education Support Services Division	1
• Regional Health and Nutrition Personnel	1
• SMHP Technical Assistants	2
• Quality Assurance Division Focal	1
From the Host SDO:	(2)
• Technical Working Group (TWG)	1
Invited Resource Speakers:	(8)
• WVSU	8
Total	99



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REGION VI-WESTERN VISAYAS

Enclosure 2 to RM _____ s. 2025

**PROPOSED PROGRAM OF ACTIVITY on the CAPACITY BUILDING FOR
MENTAL HEALTH ADVOCATES IN HANDLING LEARNERS AND
PERSONNEL THROUGH THERAPEUTIC COMMUNICATION**

July 16, 2025 (Wednesday)		
Time	Activity	Responsible Person
10:30 – 10:30 AM	Opening Preliminaries	TWG
10:30 – 11:00 AM	Session 1: Introduction to Effective Therapeutic Communication	Prof. Sheila Beliran
11:00 – 12:00 PM	Session 2: Nonverbal Communication and Effective Listening	Prof. Sheila Beliran
12:00 – 1:00 PM	Lunch	
1:00 – 2:00 PM	Session 3: Common Barriers in Communication	Prof. Federiso
2:00 – 3:00 PM	Session 4: Nontherapeutic Communication	WVSU
3:00 – 5:00 PM	Session 5: Therapeutic Communication Techniques	Prof. Sheila Beliran
July 17, 2025 (Thursday)		
8:00 – 8:30 AM	Preliminaries	TWG
8:30 – 10:00 AM	Workshop 1: SBE on Therapeutic Communication (8 groups : 7-8 pax/group)	3 Resource Persons and 5 Facilitators from WVSU
10:00 – 12:00 NN	Processing Activity/Open Forum	Prof. Sheila Beliran
12:00 – 1:00 PM	Lunch	
1:00 – 2:00 PM	Session 6: Introduction to Motivational Interviewing	WVSU RGC
2:00 – 3:00 PM	Session 7: Motivational Interviewing Principles	WVSU RGC
3:00 – 5:00 PM	Session 8: Motivational Interviewing Skills	WVSU RGC
July 18, 2025 (Friday)		
8:00 – 8:30 AM	Preliminaries	TWG
8:30 – 10:30 AM	Workshop 2: SBE on Motivational Interviewing (Groupings)	3 Resource Persons and 5 Facilitators from WVSU
10:30 – 11:30 AM	Processing activity/Open Forum	WVSU RGC
11:30 – 12:00 NN	Cleaning House/Next Stem Plan/Closing Program	TWG
12:00 – 1:00 PM	Lunch	
1:00 PM	Home	